# THE VOICE

MAGEE AND COMMUNITY

**Special Issue:** 

Fashion Trends for Spring 2025

Moutain review: Spring Skiing

Athletics Highlights

Valentines Special: History of Cupids

THEVOICEOFTHELION.ORG

# PREFACE

## Dear Readers,

The Voice of Lions acknowledge that our work is created on the traditional, ancestral, and unceded territories of the Coast Salish Peoples — the x<sup>w</sup>məθk<sup>w</sup>əýəm (Musqueam), Skwxwú7mesh (Squamish), and səlílwətaʔ+ (Tsleil-Waututh) Nations. We invite our readers to join us in deepening our understanding of the lands we live, study, and create on.

Welcome to our 2025 Spring Edition, where we are excited to bring to you our favorite rom com recs, fruits and veggies to grow this season, and a new advice column answering questions and concerns from you — our readers!

As always, our thanks goes out to our publishers at the VSB and the members that have put in their time and hearts into this edition. Thank you as well to our readers — your support and readership is deeply valued. We hope that you'll enjoy this edition just as much as we enjoyed creating it

Before reading, we would like to clarify that the content within the magazine does not represent any beliefs or opinions of The Voice of the Lion, Magee Secondary School, or the Vancouver School Board.

Please reach out with any questions or suggestions, and stay tuned for our last 2025 edition in June! Happy Spring Break Magee.

Voice of the Lion

Magee Magazine Club

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# TABLE OF CONTENT

# **∠** Sports

Girls hockey and Magee basketball's double city win

# 7 Lifestyle

Newly in Spring Fashion & Spring produce Movies & recipes & Mountains review

# 15 Community

Top books spring 2025 & Anonymous advice column Find out what flower you are Valentines Special: History of Cupids

# 23 Our team

Connect with us Acknowledgements

# 

# Basketba 12025



Magee Senior Boys @mageeseniorbball (Left to right, top to bottom) Henry Gong, Lysander Gold, Charlie Holloway, Joseph Peacock, Balshaan Dhaliwal, Jackson Lambton, Jaydon Cunningham, Anderson Chao, Kevin Zhang, Joshua Smith, Markus Araszewski, Jayan Chung, Max Moody, Arman Sidhu, Kaito Wong.

The Lions have brought home two VSSAA championships for basketball! On February 5th, the junior girls team demolished Churchill's team with a final score of 53-26. Just two days later, on February 7th, the senior boys beat King George in a close game with a final score of 80-72, bringing home yet another banner.

Both teams had phenomenal seasons, with the junior girls going undefeated all season and the senior boys ranking 3rd in the 2A/3A tier of BC School Sports. At the provincial championships, our junior girls ranked in the top 16 overall. At the senior boys' zone championships, the Lions placed 6th overall after a hard fought battlemoving onto provincials.



# GirlsHockey

MAGEE GIRLS ICE HOCKEY: SMALL TEAM, BIG WINS!

The Magee Girls Ice

Hockey team has been

skating

circles around the

competition this

season. They hit

the ice strong in

January and

wrapped up just

before spring break -

and they made every

game count!

on Febusian crushed following against a play kr

On Feburary 10th, they crushed point Grey 4-

followed by another solid win of 3-1 against the same rivals. With only 19 players, this tight-knight team has

proven that hard work

pays off.

Leading the team are captains Sarisa Kittijaroenvech (Grade 11) and Asia Wong (Grade 12), whose leadership has been key to the team's success. From motivating their teammates to strategizing on the ice, these two have kept the squad sharp, focused, and ready to dominate. Magee's Girls Hockey team has proven they're a force to be reckoned with. Keep an eye on this powerhouse team — they're unstoppable!



# 

# Spring Fashion

START WITH STYLE THIS 2025





pring fashion will cover different color themes, pattern styles, and aesthetic accessorizing! Be sure to remember that fashion is an extension of your creativity and self-expression, so showcase your unique personality and embrace the beauty of individuality in every outfit you wear. This season, walk around with confidence, but most importantly, wear a smile!

"Style is the only thing you can't buy. It's not in a shopping bag, a label, or a price tag. It's something reflected from our soul to the outside world—an emotion."—Alber Elbaz





























Spring colors are a vibrant celebration of renewal and warmth, inviting us to shake off the winter chill. Soft pastels like blush pink and lush green emerge alongside bolder hues such as chocolate brown and coral, creating a lively palette that reflects the blossoming nature around us. These colors not only evoke feelings of joy and freshness but also encourage playful combinations and layering.







# FRUITS VEGGIES

# SPRING PRODUCE YOU'VE GOT TO ADD TO YOUR GROCERY LIST



Sweet, slightly tangy, and irresistibly tart, strawberries are beloved around the globe

Common recipes: classic shortcakes, ice cream, homemade jams, fresh salads

**Nutritional benefits:** low in calories and rich in Vitamin C and antioxidants, strawberries help reduce the risk of illnesses like cancer, diabetes, and stroke. They also support brain function and regulate blood sugar levels

**How to grow:** strawberries thrive in full sun and well-amended soil, whether in-ground or in containers, with a bit of space between plants for optimal growth



When ripe, the *mango* is a tropical treasure, bursting with super sweet flavor and a creamy, fruity essence

**Common recipes:** refreshing smoothies and sorbets, savory lamb, mango curry, mango sticky rice

**Nutritional benefits:** mangoes are rich in vitamin A and high in fiber, which helps prevent cancer, heart disease, and weight gain. They also support immune health, vision, and skin vitality

**How to grow:** provide a warm environment with temperatures above 21°C (70°F). Place potted trees in sunny spots



The *pineapple* is a tropical delight known for its distinctive "tropical tang."

**Common recipes:** cocktails like piña coladas, refreshing juices, upside-down cakes, Hawaiian pizza, smoothie bowls

**Nutritional benefits:** Pineapples are rich in antioxidants that aid digestion, boost immunity, reduce inflammation, and lower cancer risk

**How to grow:** Pineapples thrive in full sun for 6-8 hours daily, requiring consistent moisture and plenty of patience

# LOCAL PLACES TO SHOP AND SUPPORT!





Aria Market

**Rhubarb** is a culinary gem celebrated for its extremely tart flavor and striking pink-red stalks

**Common recipes:** scones, pies, crumble bars, sauces for ribs, refreshing cocktails

**Nutritional benefits:** rich in antioxidants, rhubarb has many antibacterial, anti-inflammatory, and anti-cancer properties. Packed with vitamin K and fiber, it supports bone health and overall wellness.

**How to grow:** Rhubarb thrives in sunny areas with fertile, free-draining loamy soil

**Asparagus** is celebrated for its earthy, buttery flavor with hints of sweetness and subtle bitterness.



**Common recipes:** creamy soups, casseroles, quiches, roasted pairings with chicken or salmon, cheesy puff pastry tarts

**Nutritional benefits:** asparagus aids in weight loss, fights cancer, reduces heart disease risk, and supports healthy digestion

**How to grow:** plant seeds in spring in a weed-free area with well-drained soil and ample sunlight, though it can thrive in partial shade as well

**New potatoes** are celebrated for their sweeter, buttery flavor that distinguishes them from their mature counterparts

**Common recipes:** potato salad, crispy smashed potatoes, creamy mashed potatoes with curry, focaccia, or simply oven-roasted.

**Nutritional value:** rich in vitamins C and B1, as well as potassium, new potatoes boost immunity and support an anti-inflammatory diet while keeping you full

**How to grow:** sprout seed potatoes on a windowsill, avoiding supermarket varieties, and plant them in full sun with loose, fertile, acidic soil.





Kitsilano farmers market

Stongs

# MOUNTAIN REVIEW: Spring Skiing

# **CYPRESS**

Cypress is a solid choice for a **quick and easy day** on the mountain with beautiful views of downtown Vancouver. However, it can lack a variety of runs and on some days can have **moderately long lift lines** as there are only 3 main lifts. Additionally, conditions are very inconsistent and are often wet and heavy. Although there are some downfalls, you get what you pay for as tickets are only 80 dollars. Overall this mountain is 3.5/5.

Terrain Variety & Difficulty

Snow Quality & Conditions

Lift System & Wait Times

Scenery & Atmosphere

Accessibility

Price



# **GROUSE**

Grouse Mountain is best for casual skiers, tourists, and those looking for an easy night skiing option with great city views. However, if you're seeking diverse terrain, good snow, or a modern lift system, better options exist nearby. It is also a hassle to access the runs as you have to go up the main gondola before hitting the slopes which can also add to the wait times to get onto the mountain. This mountain is 3/5.

Terrain Variety & Difficulty
Snow Quality & Conditions
Lift System & Wait Times
Scenery & Atmosphere
Accessibility



# WHISTLER BLACKCOMB

Whistler Blackcomb is a bucket-list destination for all skiers and snowboarders, offering some of the **best terrain**, **snow**, **views and infrastructure in the world**. However, the high prices and accessibility challenges make it less ideal for casual or budget travelers. If you're willing to pay the premium, it's an unforgettable experience. Whether you like to send corks in the park, get early morning turns on the corduroy, or shred in the backcountry, this mountain can deliver. Overall this mountain is 4.5/5.

Terrain Variety & Difficulty

Snow Quality & Conditions

Lift System & Wait Times

Scenery & Atmosphere

Accessibility

Price



# **SEYMOUR**

Mount Seymour is a great choice for beginners, families, and those looking for an affordable, easy-access ski experience. However, for experienced skiers or those seeking diverse terrain and top-tier snow conditions, it falls short. Some days can have extremely icy or wet and heavy snow conditions. If you're looking for a budget-friendly day on the slopes, with good views, that will not break the bank. Seymour gets the job done as the tickets are cheapest at this mountain. Overall this mountain is 3.5/5.

Terrain Variety & Difficulty
Snow Quality & Conditions
Lift System & Wait Times
Scenery & Atmosphere
Accessibility
Price



# ROM COMS THAT'LL steal YOUR HEART (& MAYBE YOUR TEARS TOO)

Whether you're a hopeless romantic, a sucker for a good love story, or just here for the drama, these rom-coms have it all—laughter, the heartbreaks, and those ugh-why-am-I-crying moments.

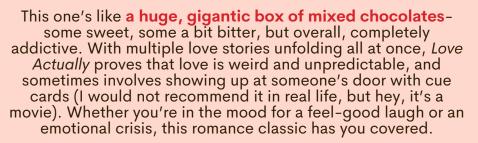


# Za Za LAMD



Picture this: you're chasing your dreams in LA, you fall in love, and suddenly, you're singing in the streets with your soulmate. Sounds perfect, right? Well... not exactly. La La Land takes you on an emotional rollercoaster as Mia and Sebastian try to balance love and ambition, all while dancing through dreamy pastel skies. It's magical, it's heartbreaking, and the ending? Yeah, it hurts.

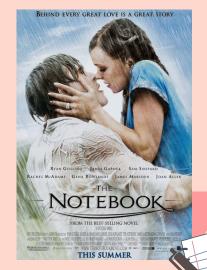
# **Love Actually**





# The Notebook

If you haven't ugly-cried over *The Notebook* yet, are you even watching it right? Noah and Allie's love story is the definition of against all odds- summer romance, meddling parents, dramatic love letters, and a boat ride in the rain that invented romance. It's passionate, it's heart-wrenching, and it'll have you screaming at the screen, "Just be together already!"



# LEMON BLUEBERRY CHEESECAKE BARS

This is the perfect sweet treat that screams spring. It has the most mouth watering flavour combination of **lemon** and **blueberry** that'll get you ready for the long-awaited sunny days ahead. It's a quick and easy recipe for bakers of all levels, so go get your mixing bowl and let's dive right into it!

# **INGREDIENTS**

## Crust:

1 1/4 cups graham cracker crumbs

2 tbsps. sugar

1 tsp finely grated lemon zest

4 tbsps. butter, melted

## Cheesecake:

450g full-fat block of cream cheese, at room temp

2 large eggs

2 tbsps. finely grated lemon zest

1/4 cups lemon juice

1/2 cups sugar

1 ½ cups fresh or frozen blueberries

## Crumble topping:

1 cup light brown sugar 3/4 cups all-purpose flour 6 tbsps. butter, cold

# **DIRECTIONS**

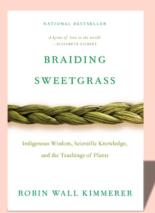
- 1. Preheat the oven to 325\*F. Line a 9in square pan with aluminum foil and spray with non-stick cooking spray.
- 2. Make the crust. Add the graham cracker crumbs, sugar, and lemon zest to a bowl with melted butter and mix until everything is moistened and combined.
- 3. Press the crumb mixture into the bottom of the pan and bake for about 10 minutes until lightly toasted. Let it cool for 15 minutes before putting the cheesecake mixture over top.
- 4. For the cheesecake add the cream cheese, eggs, lemon zest, lemon juice, and sugar into a food processor (blender works as well), and process until the mixture is smooth and creamy.
- 5. Pour the mixture over top the crust and top it with blueberries.
- 6. For the topping, add brown sugar and flour to a medium bowl and cut the butter into the mixture using a pastry blender or your fingers! Lay the streusel topping all over the top of the cheesecake.
- 7. Bake the cheesecake bars in the oven until the topping is lightly brown and the center is set (should be slightly jiggly when moved) approx. 35-40 minutes.
- 8. Cool for an hour at room temp and then refrigerate until completely chilled. Serve and enjoy these tasty treats!

This dessert is a perfect balance of rich and refreshing flavors, with each layer adding to the amazing combination of flavors and textures. The lemony cheesecake itself is smooth and velvety, with just the right amount of tanginess to compliment the sweetness of the blueberries. The blueberry topping bursts with fresh, juicy flavor, adding a natural fruitiness that keeps the dessert from being overly rich. The crumble on top is golden and crisp, providing a delightful contrast to the creamy filling and a satisfying crunch in every bite. Overall this is a easy to make spring dessert that everyone will love.

# MS. FORGERON'S TOP BOOKS SPRING 2025

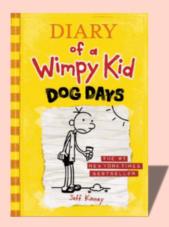
"...In the end, no one was laughing.
And everyone was left asking: Where
do you draw the line between
humorous and harmful?"

# FIM 305.897 KIM



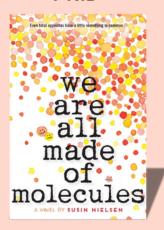
A nonfiction book about the role of Indigenous knowledge as an alternative approach to Western scientific ideologies, Braiding Sweetgrass discusses the relationship between humans and the land, with a focus on both Indigenous and Western traditions in plants and botany.

## **FKIN**



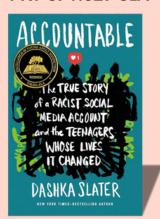
The fourth book in Kinney's bestselling Diary of a Wimpy Kid series, *Dog Days* tells the story of main character Greg Heffley's ruined summer vacation.

## **FNIE**



When the genius-yetsocial-reject Stewart and his dad moves in with popular-yet-dumb Ashley, Ashley is horrified. The two are opposites in every way, yet they share in common the fact that they, like us, are made of molecules. Nielsen's award-winning book explores family ties, grief, and the pains of growing up adolescent.

**PNF 371.829 SLA** 



When high school student started a private Instagram account that posted racist and sexist memes, he thought of it as simply a joke. But pretty soon, no one was safe from the aftereffects of the account's discovery. Not the girls targeted by the posts, the group of kids who followed it, or the adults who tried to fix things but ended making them worse. Not even the boy who created the account. In the end, no one was laughing. And everyone was left asking: Where do you draw the line between humorous and harmful? And what even is accountability?

# DEAR CLAW-DIA LIONESS,

# WHAT SHOULD I DO?

VOL ADVICE COLUMN

Hello Lions! Do you have a problem with no solution in sight? Do you need advice? Do you want to hear about juicy gossip in YOUR school? Well, for this issue, we heard from you and listened to your and offered our advice. The new anonymous advice column responds to real problems happening at Magee! Even if you aren't facing a problem similar to this now, you may be able to apply it in the future. Meet "Claw-dia Lioness"! She isn't REALLY an omniscient lion but the new persona the writers will be using for this --- and future --- advice columns. If you want us to give you some advice for our next edition, scan the QR code or go to the bio of our instagram!



# FRIENDSHIP

## Hey Claw-dia Lioness,

I am having some friendship issues and it's been really bothering me. My friend group and I used to get along really well, but I feel like it's slowly starting to fall apart and there's nothing I can do about it. I've tried ways to bring us as close as before, but they don't even seem to care about this friendship anymore. They always start arguments from the tiniest problems, we rarely hang out, and there doesn't seem to be anything to talk about between us. What should I do?



# **Hey Lion!**

Juggling your social life and academics is hard to do! While it may seem easy to neglect your friends, especially if you don't have classes with them anymore, friends are so important in life. They will support you, help you and make you laugh. As for what to do, talk to your friends one on one to see if they are seeing the same issues and if something has happened that you don't know about, such as an argument or a fight. Make sure to remind your group why you are friends and how you first became friends. Encourage decorum in your conversations like compliments personal questions that you actually mean instead of what you think you should say. During arguments, give the situation some time to breathe. Then, find out the root of the problem or the rift and encourage a one on one face-to-face conversation instead of a call or text chain. Utilizing some of these techniques should begin to strengthen your friendships once again.

# SCHOOL



## Claw-dia Lioness,

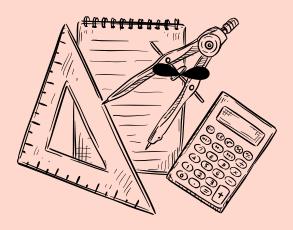
Recently, I have missed some school days and, of course, with that, assignments. It is really important that I can catch up on what I missed. HOWEVER, I have been having trouble managing my time to work efficiently and to catch up on what I missed. So, my question is how can I time-manage more effectively and boost my productivity in my classes?

-Your friend from Magee

# **Hey Lion!**

It is completely normal to feel stressed out from school in general, not to mention after missing multiple days of assignments! To-do lists and written schedules for yourself are a great way to start, and they will be a useful tool that you can carry with you for the rest of your life as well! using different colors, Highlight, assignments are top-priority and which tasks can wait. This will give you a better visual representation of what should be completed first and foremost, as well as increase productivity/efficiency. During school hours, strive to use free time, such as breaks between classes, to complete smaller tasks. That way, it will slowly start taking some things off your mind. Remember that your teachers are ALWAYS there to help you, so ask as many questions as possible. Give yourself as many breaks as needed, and good luck with your





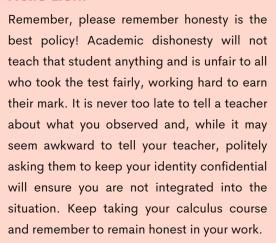
# CHEATING?

## Hello Claw-dia Lioness,

Last week, I was preparing to take a calculus test when I noticed the person sitting next to me sticking post-its with formulas written on them on the inside of their calculator. They then proceeded to refer to these notes for the duration of the exam. I never confronted them about it, and didn't tell the teacher either. What should I do next?

-Anonymous

## **Hello Lion!**



MATHEMATIC

# WHAT Springlime Flower ARE YOU?

Hey Lions! The snow is melting and the flowers are blooming, but which flower are you? Do this fun "What Springtime Flower Are You?" to know what Vancouver-native flower you are! (Make sure to keep track of your answers.)



# 1. It's a Friday night, but you're busy. What are you busy doing?

- a) I will be helping out my friend for an important event.
- b) I'm going to be on a date with my significant other.
- c) I'll be busy studying for a test or working on a school assignment.
- d) My best friend and I are going to be hanging out to cheer them up.





- 2. You just walk into your first period class when your best friend gives you an early birthday gift. Just when you open it, you find out that it is a phone charger for a phone you don't have. What do you say?
- a) You thank them and say it's just what you wanted.
- b) You give them a hug and say you love them.
- c) You tell them that they should return it and that you don't like it.
- d) You tell them that you won't use it but that you think it was very thoughtful.



- 3. You are in your hardest class of the day when your teacher announces that they are returning your tests from a previous day. When you check your test, you find that you don't like your mark. What do you think?
- a) "At least I did better on the last test."
- b) "I need to hug my bestie."
- c)"WHAT?! I am asking for a redo NOW!"
- d) "Well, it could have been worse."

# 4. What is your most used music playlist likely to be?

- a) My favourite rap songs.
- b) Love songs.
- c) Lo-fi study background music.
- d) Feel-good pop.



# 5. What is your ideal vacation?

- a) Staying at home and having some time to myself.
- b) Anywhere as long as I am with someone I love.
- c) Travelling to somewhere new and learning about the land.
- d) Somewhere beachy and sunny to be as bright as my mood.



If you got 2+ 'a' answers, you are a common bluebell! This flower symbolizes humility, gratitude, and everlasting love which you have shown through your acts of philanthropy to people in your life. You are grateful for everything in your life but you always choose to act with humility when expressing to others what you have done. If someone makes a mistake, you always believe that they deserve a second chance.





If you answered 'b' for 2+ answers, you are a rose! Roses represent love, passion and beauty which you express well to your friends, family and possibly to your significant other. You have a big heart which is filled with the people in your life and you love to show it.

If you replied 'c' for 2+ answers, you are a magnolia! Dignity, purity and perseverance are all symbolized by magnolias which you always uphold in your academics/extracurriculars, working hard at everything you do. You deeply care about your school life and work hard for lasting results.





If you answered 'd' for 2+ answers, you are an african daisy! African daisies signify optimism, cheerfulness and renewal which you spread with your wide smile. You always try to cheer people up when they are feeling down and think that every day is a new possibility.

# HISTORY OF CUPIDS

It's February 14th! Love is in the air, and everywhere you go you see fragrant roses, pink hearts, rom-coms, sweet serenades, and a baby boy with a bow and arrow flying around.

That baby boy would be none other than Cupid, the Greek god of love, desire, and attraction. The son of the goddess of love and beauty Aphrodite, in 700 BCE, he was originally named Eros—Greek for desire. Eros was depicted as a winged late-teenage heartthrob, considered handsome, threatening, and controlling, who would meddle with the hearts of mortals and gods to cause mayhem.

However, around 400 BCE, people became intimidated by this powerful man. To overcome this intimidation, stories about Eros became more centered around his mother, Aphrodite, who controlled his every move. Having a woman behind his actions meant fewer reasons to fear him. Eros's character was further defused by infantilizing him as Aphrodite's baby son.

When the Romans took over Greece, they adopted Greek mythology and chose to bring over Eros's iteration as a little kid. The Romans renamed Eros to Cupid, which also translates into desire in Latin. They depicted Cupid as a cherubic little boy who followed his mother's wishes to make people fall in love. During the Renaissance, painters such as Caravaggio took up the Roman imagery of a winged nude boy carrying a bow and arrow.

When Valentine's Day began increasing in popularity in the 18th and 19th centuries, greeting card manufacturers such as Hallmark Cards Inc. began producing Cupid-themed cards. Cupid eventually became a trend, and now more than 145 million Valentine's Day cards are sent annually.

Over time, Cupid changed from a mighty Greek god to a cute symbol of love, shaping how we celebrate Valentine's Day. Today, he continues to spread romance with a strike of his bow and arrow.



# ORINT39 (poetry contest)

# SUBMISSIONS:

- No submission fee
- Judged anonymously
- Prize money:

1st Place - \$150

2nd Place - \$100

3rd Place - \$50

Honorable Mention (x3) - \$20

\*Best "Change" Poem - \$40

- Submission begins: March 1st
- Submission deadline: April 15th
- For questions, please contact annezh218@gmail.com or maiasankey@gmail.com

https://forms.gle/Fd2gq74GrrfQJan47



\*Have a poem that relates to the theme "Change"? Indicate this on the submission form and be considered for Best "Change" Poem!



In its 2nd year, Print 39 is a student led-and-run poetry contest that aims to support young writers in Vancouver. Submit a poem to get published in the anthology and be considered for a cash award! The 2025 theme "Change" is *optional*.



- Get volunteer hours
- Meet others that are a part of the student panel
- Senior students (Gr. 11-12) only, preference given to those with experience in creative writing
- Judging will occur on April 29th, during the school day
- Judging will be at Prince of Wales
- Interested in running the contest for 2026?



https://forms.gle/wDrzzSpF5CnfLCxe7

- Apply for judging to see the behind-the-scenes
- Gain firsthand experience with reading and organizing submissions

# OUR TEAM



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EVA BRADLEY
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CHARMAINE SHUM

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# ACKNOWLEDGEMENTS

**HUGE THANKS TO:** 

MS. FORGERON
MR. LEE
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